



Clean, Green, Beautiful North Bay

Litter Pickup Safety Handbook



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This handbook provides guidelines and safety precautions for all volunteers registered for CGB Litter Pick-Ups. Please review often and keep with you during pickups.



About CGB

Vision

We create beauty in public, private, and unexpected places, by raising the bar of kindness for the planet and people.

Mission

To foster stewardship of our land, water, and community with a focus on raising civic pride and enhancing the beauty of our city. To bring the beauty of the Waterfront and stewardship culture throughout the City of North Bay.

Values

Clean, Green, Beautiful North Bay (CGB) promotes individual responsibility and encourages volunteers, local organizations, government officials, and corporations to address local quality-of-life issues. Our core values are to inform, inspire, and collaborate.

Be kind, be safe, have fun!

Litter Pick-Ups

Anyone can complete a litter pickup! All volunteers must register at cleangreenbeautiful.com/bag-orders each year prior to picking up.

Bag Orders

Order bags at cleangreenbeautiful.com/bag-order and bags will be delivered right to your door.

Bag deliveries typically start mid-April and will continue until winter.



Volunteer Hours

High school students can earn their volunteer hours through litter pickups.

One hour is granted for each bag of litter collected. Interested? Email cleangreenbeautifulnb@gmail.com.

Pickup Teams

Looking for a pickup team? Join the Facebook group: facebook.com/groups/cleangreenbeautifulnorthbay

Want to stay up to date on CGB events? Follow our social media and join our newsletter!

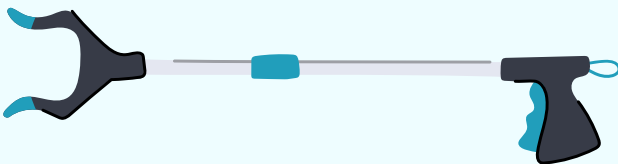


Safety Guidelines

Thank you for volunteering to keep North Bay a Clean Green & Beautiful city! Your contribution, well-being, and enjoyment are very important to us. Please read these safety guidelines and share with fellow volunteers.

Be Safe!

- Work with a partner when possible– safer and more fun too!
- Involve the kids and be sure they're safe and supervised.
- Wear appropriate footwear, clothing, sunscreen, and eye protection, mask (when necessary).
- Wear gloves or some form of hand protection. If you have them, use Grip n' Grab pickup sticks.
- Always sweep, rake or shovel glass. Safety first.



Working Near: Streets, Roads & Curbs

- Stay off the street or roadway when possible.
- When working in or around a storm sewer grate, work from the sidewalk side – not from the street.
- If cleaning up along a busy street near traffic, wear a bright reflective work vest or bright-colored clothing.
- Cross streets at signals or crosswalks, not mid-block.
- Feel free to pull weeds from the sidewalk cracks, boulevards and curbs, but safely from the side-walk side.



Working Near: Waterways

- Stick to the shoreline – don't go into the water. If you find large items in creeks or streams, do not remove. Contact the North Bay-Mattawa Conservation Authority at **705 474-5420** or nbmca@nbmca.ca
- Watch your footing on slopes and shorelines.
- Never allow children to work on steep slopes or near shorelines without adult supervision.
- Always work with a partner near water – water is still cold so be careful! It's ok to wear a lifejacket while working near water!
- Don't touch unfamiliar plants. Some plants are invasive and spread easily. Some are toxic. If you don't know, don't touch. Bathe and wash clothes after potential contact.



Sharps

If you find sharps in the community, inform your team leader. If team leader can pick the sharps up safely, please follow these instructions:

- Do not walk while holding the sharp object.
- Bring a puncture-proof, hard-sided, leak-proof container with a lid, such as a pickle jar or bleach container, to the location of the cleanup. Do not recap, bend, break the needle or manipulate it by hand in any way.
- Place the object in the container. Use tongs if available. If tongs are not available pick up the needle/sharp from the blunt end and secure the lid.
- Wash hands thoroughly with soap and water.
- Label the container “hazardous waste” and bring to the Health Unit for proper disposal.



For more information, please visit myhealthunit.ca



Disposing of Debris Safely

- Separate collected materials into recycling and garbage, if you can.
- Dispose of recycling in your residential blue box.
- Dispose of small amounts (up to 25lbs) of trash in your CGB Bags.
- Place your CGB Bag at your curbside. Miller Waste will pick up these bags April to November.
(CGB bags aren't part of your household bag limit)



Encampments

- If you notice an encampment, DO NOT ENTER!
Please report it to the City of North Bay:
- Email: Ron.Melnyk@northbay.ca
- Phone: (705) 474-0400 ext. 2512 **OR**
- Email: brent.kalinowski@northbay.ca
- Phone: (705) 474-0400 ext. 2316
- The City of North Bay will then investigate the area. If it is public property, they will clean it when they are able to do so. If it is private property, the City of North Bay will contact the owner of the property and take necessary measures from there. We ask that you please be patient, as this process may take some time.



Be Kind!

- Always be courteous and respectful to your fellow stewards.
- When cleaning up on City property or right of ways, all volunteers are expected to conduct themselves in a safe, courteous, and legal manner.
- Please don't trespass on private property.



Have Fun!

- Engage your neighbours, friends and local businesses to keep their property tidy.
- Challenge your co-workers! Plan an employee wellness clean-up day at work.
- The website is: www.cleangreenbeautiful.com
- Post your before and after photos of your clean-up! Tag us @cleangreenbeautifulnb
- Tell a story of the people and the space you're cleaning up!





Contacts

Reason	Information
Emergencies	9-1-1
Waterway Litter	705-474-5420 nbmca@nbmca.ca
Encampments	705-474-0400 ext. 2512 ron.melnyk@northbay.ca -or- 705-474-0400 ext. 2316 brent.kalinowski@northbay.ca
Large Litter	cleangreenbeautiful.com/bag-order
Graffiti	cleangreenbeautiful.com/bag-order
Shopping Cart	Non-Emergency Line 705-472-1234
Sharps Info	myhealthunit.ca
CGB	cleangreenbeautifulnb@gmail.com



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